



## Dirty Ground: The Tricky Space Between Sport and Combat

---

By Kris Wilder, Lawrence A. Kane

YMAA Publication Center. Paperback. Book Condition: new. BRAND NEW, Dirty Ground: The Tricky Space Between Sport and Combat, Kris Wilder, Lawrence A. Kane, This book was written to address an important gap that exists in martial arts training. The gap is the space or dirty ground that lives between sport and combat techniques; that is when you need to control a person without severely injuring him (or her). Techniques in this space are called 'drunkle', named after your drunken uncle at the family gathering who needs to be escorted away before he hurts somebody or vice versa. This space reveals itself all too often when friends, family, good Samaritans, crime watchers, and certain types of muggings or robberies get physical. Understand that using the Iron Hammer Fist Punch you learned in karate class will probably put your uncle in the hospital; make your friend your enemy for life; or give the thug, who 'only' wanted your wallet, a chance to sue you for all you're worth. This is not to be taken lightly since you will probably get thrown in jail for excessive force. Know the three environments: SPORT, DRUNKLE, and COMBAT. Understanding these three environments is vital because what...



**READ ONLINE**  
[ 2.9 MB ]

### Reviews

*Excellent eBook and valuable one. It normally will not price too much. Your daily life span is going to be change once you comprehensive reading this ebook.*

-- **Ezra Bergstrom**

*The ideal book i possibly read. It is among the most remarkable pdf i have go through. I am easily could get a enjoyment of reading through a created ebook.*

-- **Elise Wehner**