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Reviews

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MULTIDIMENSIONAL AROMATHERAPY: CLINICAL, PRACTICAL, AND VIBRATIONAL APPLICATIONS (PAPERBACK)



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Ekstasis Multimedia, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English. Brand New Book ***** Print on Demand *****. This really is a fantastic reference and I am glad to have it in my library. -Amanda Klenner, Natural Herbal Living Magazine. You are invited to Multidimensional Aromatherapy, a crystal-clear approach to a sometimes cryptic practice. Whether you are a beginner, an intermediate student, or a professional in the realm of therapeutic bodywork, Multidimensional Aromatherapy was written with you in mind. Finally, here is a book that offers beginner s knowledge, intermediate-level approach, and valuable cutting-edge information. It also includes helpful bw illustrations and photos, twenty years of experience and all of the nuances that come with living aromatherapy rather than simply practicing it. *square-one basics *quick and easy how-to guides without any guesswork *contraindications and important tips A-Z *synergistic blending and biochemical overview *substantial profiles of 110 essential oils used in aromatherapy including scent /clinical use / dermal use / inhalation / emotional influence / vibrational influence / chakra correspondence / cosmetic use / tips /caution / notes *snippets of cutting-edge clinical findings *recipes and templates for physical, emotional, and vibrational wellbeing *inspiring and useful household recipes and templates for chemical-free cleaning *easy-to-understand explanations of how and why essential oils work in the body, including an outline of critical facts about the nervous system *vibrational aromatherapy explained in scientific-not trendy New Age lingo *categorized indexes and cross-references *easy-to-create body care products *essential oils in the treatment room and suggested templates for the professional therapeutic massage therapist *no distracting information and much more!.

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