### The Cancer Path: A Spiritual Journey Into Healing, Wholeness Love



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### Reviews

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# THE CANCER PATH: A SPIRITUAL JOURNEY INTO HEALING, WHOLENESS LOVE

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Parachute Jump Publishing. Paperback. Book Condition: New. This item is printed on demand. Paperback. 402 pages. The Cancer Path is a memoirself-help book about a woman who views cancer as spiritual path. Dr. Sherman describes it as her Eat, Pray, Love of cancer experience. As a psychologist, mother, wife and breast cancer survivor, Dr. Sherman viewed cancer as a Zen stick that promoted self-care, healing and greater wholeness. It was a springboard to examine her body, mind, emotions and Spirit. This context made this challenging year of treatment an eternal gift. She wrote this book so that other cancer survivors could learn these spiritual lessons too. Her wish is that the cancer experience can lead to deeper healing and growth. The Cancer Path examines healing on all four levels, examining controversial questions related to cancer treatment, addressing coping strategies, healing resources and providing many practical tips along the way. Dr. Sherman references over sixty books as milestones along your path. The Cancer Path will help you: Feel less alone on this startling and challenging journey Develop a Healing Team that supports you Explore ways to process your emotions Find Spiritual meaning in your illness Choose positive thoughts and a powerful context about your cancer Explore the research on controversial issues related to your cancer treatment Examine diet, movement and alternative therapies for your body Consider the role of meditation and prayer Reflect upon the spiritual lessons you receive on your cancer path Marry healing on all four levels for optimal holistic growth ... And so much more! Dr. Sherman felt that her cancer path brought her spiritual purpose into focus and she wants the same for you! Author Bio: Dr. Paulette Kouffman Sherman is a licensed psychologist with a private practice in Manhattan. Shes the author of the ...

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