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YOUR FIRST YEAR WITH DIABETES: WHAT TO DO, MONTH BY MONTH (2ND REVISED EDITION)



American Diabetes Association. Paperback. Book Condition: new. BRAND NEW, Your First Year with Diabetes: What to Do, Month by Month (2nd Revised edition), Theresa Garnero, Your First Year with Diabetes is the 12-month plan for anyone who has recently been diagnosed with diabetes. Taking readers step-by-step through the first year, this practical and humorous guide includes a basic explanation of the disease, instructions on checking glucose, and details about about diabetes nutrition, avoiding complications, and better management. In addition to...

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- Authored by Theresa Garnero
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