Spiritual Slimming: Slim Your Life, Slim Your Body



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Reviews

An exceptional book and also the font utilized was intriguing to read. This is for all who statte there was not a worth reading. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Prof. Tyson Hilpert)

SPIRITUAL SLIMMING: SLIM YOUR LIFE, SLIM YOUR BODY



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John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Spiritual Slimming: Slim Your Life, Slim Your Body, Lara Wells, This book is the answer to what lies within if you have ever had to battle with the bulge. It explores the link between the baggage we carry in life and the effects it has on our body. By clearing the demons within, and slimming our life to gain control, we can slim the packaging on the outside. Celebrate the new you with this book and be all you are and beyond.

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