



## The Real Deal: A Spiritual Guide for Black Teen Girls

By Billie Montgomery Cook

Judson Press. Paperback / softback. Book Condition: new. BRAND NEW, The Real Deal: A Spiritual Guide for Black Teen Girls, Billie Montgomery Cook, Navigating life can be a challenge for any teenager, but some issues and struggles are unique to African American teens. Using a trendy language and style that will appeal directly to young African American girls, Cook addresses a wide range of topics including body image, self-respect, fear, self-esteem, sexuality, and friendship, all framed within the context of a young woman's developing Christian faith. In realistic terms, the author offers comfort, counsel, advice, and hope. This book is a must-read resource for teens.



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