Discover the Life You Want to Live (Paperback)



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Reviews

Extremely helpful for all group of men and women. it absolutely was writtern extremely perfectly and valuable. Your way of life span will be transform when you complete looking at this ebook. (Prof. Trever Torphy)

DISCOVER THE LIFE YOU WANT TO LIVE (PAPERBACK)



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Createspace, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Discover the Life You Want to Live, by Drusilla Tieben is a manual for change. It is a non-fiction, instructional work about self-love and relationships. It presents a friendly, conversational step-by-step approach to help people solve their own problems, achieve mastery and become a mentor. It allows the reader to ask hard questions about their lives and provides lessons to help make those changes. The lessons are based on teaching and learning principles - learning being defined as a life-long assimilation and integration of new ideas, concepts, and behaviors. The lessons are also based on mastery principles. A master student is one who is open to unlimited possibilities, asks good questions, and embraces the subject the master teacher is modeling. It is also based on martial arts principles, as well as Drusilla s law enforcement career experiences. The material teaches people how to apply their individual life principles and help them solve their own problems. Drusilla helps the reader answer the Who, What, When, Where, Why, and How questions in their lives. Her book provides a process for self-evaluation, learning mastery principles, and the basic exercises to connect the body, mind and spirit. The reader will learn how to create a Code of Life, Life Action Plan, and is given the tools to develop a Mentor Magnet program. Readers need a Mentor Magnet and the program that is outlined, when they are searching for a way to make personal changes, and make a valuable contribution to society.

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