# Parenting with Purpose: How to Raise Well-Behaved Children and Build a Strong Parent-Child Relationship (Paperback)



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## Reviews

*Very useful to all group of folks. This really is for all who statte there was not a worthy of reading. I am very happy to explain how this is the best pdf i have study inside my personal life and can be he greatest book for actually.*

*(Marcelle Homenick)*

# PARENTING WITH PURPOSE: HOW TO RAISE WELL-BEHAVED CHILDREN AND BUILD A STRONG PARENT-CHILD RELATIONSHIP (PAPERBACK)

Createspace, United States, 2015. Paperback. Book Condition: New. 198 x 129 mm. Language: English . Brand New Book ***** Print on Demand *****.In this practical, eye-opening and action-oriented book, Nina Garcia explains how to use connection to raise well-behaved kids and strengthen your parent-child relationship. You ll learn: How to diffuse and prevent tantrums and outbursts How to better communicate with your child Practical advice on structuring your day around routines The secret to starting your day off right with your child How to parent calmly and not lose your temper And so much more. Maybe you re fed up with your child s outbursts and wonder how many tantrums are too many. Or you want to address his behavior with empathy and patience rather than through punishment. Perhaps you want to lessen fighting as well as equip your child with the skills to prevent arguments in the first place. You ve tried time-outs. Counting to three before they re really in trouble. Maybe you ve lost your temper. Except nothing is working, at least in the long run. You continue to butt heads-and you re exhausted with having to deal with yet another day of disciplining. And here s why: we ve got this discipline thing all wrong. We assume discipline is about punishment, or we assume it s what we need to take away from them to curb misbehavior. We mistakenly believe that the main purpose of discipline is to stop tantrums and outbursts at all costs, as quickly as possible. Let s get to the real definition of discipline: discipline is teaching our kids. Because isn t that what parenting really is? Your job is to arm them with the skills they need and would serve them well in the future so they grow into kind adults...

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