

Jose Mourinho Attacking Sessions - 114 Practices from Goal Analysis of Real Madrids 4-2-3-1



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Reviews

Very good eBook and valuable one. Better then never, though i am quite late in start reading this one. I am very easily could possibly get a satisfaction of reading through a created publication.
(Brianne Heidenreich)

JOSE MOURINHO ATTACKING SESSIONS - 114 PRACTICES FROM GOAL ANALYSIS OF REAL MADRID'S 4-2-3-1



SoccerTutor.com. Paperback. Book Condition: New. Paperback. 212 pages. Dimensions: 9.6in. x 7.4in. x 0.6in. Jose Mourinho Attacking Sessions is the first in a series of books which provide you with a blueprint of how to attack and score goals like the world's best teams. Michail is a UEFA A license coach and has provided a full and extensive analysis of Real Madrid's best 48 goals in the 2011-2012 season, when they scored a record 121 goals to win the Spanish Championship (La Liga). This goal analysis of Jose Mourinho's tactics has been used to produce 114 practices organised into 30 ready-made sessions. Each goal is analysed, followed by a full session on that specific topic of Real's attacking play, with clear colour diagrams, detailed descriptions and coaching points. You can use these ready-made sessions to practice Real Madrid's attacking play and combinations. You can learn exactly how Real found attacking solutions for every tactical situation created by opponents who defended with a deep, middle or high defensive line. A large section of this book is based on the transition phase. You can learn how to coach your team to play like the best counter-attacking team in the world. There are sessions on the transition from defence to attack in the low, middle and high zones. Practices included: Functional Technical Practices Phases of Play Opposed/Unopposed Zone play Counter-Attacking Exercises Transition Games Small Sided Games This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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