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YOU ARE AN IRONMAN: HOW SIX WEEKEND WARRIORS CHASED THEIR DREAM OF FINISHING THE WORLDS TOUGHEST TRIATHLON



Penguin Books. Paperback. Book Condition: New. Paperback. 304 pages. Dimensions: 7.9in. x 5.3in. x 0.9in. A New York Times bestselling author takes readers inside the Ironman triathlon. As he did so masterfully in his New York Times bestseller, *The Gatekeepers*, Jacques Steinberg creates a compelling portrait of people obsessed with reaching a life-defining goal. In this instance, the target is an Ironman triathlon—a 2.4-mile open-water swim followed by a 112-mile bike ride, then finally a 26-mile marathon run, all of...

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