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NO MAGIC BULLET: ADVENTURES IN RESTORING A CHILDS MENTAL HEALTH



FriesenPress. Paperback. Book Condition: New. Paperback. 152 pages. Dimensions: 8.9in. x 6.0in. x 0.2in.No Magic Bullet is part memoir, part guide and part resource. It follows the journey of the Black family as they find their way to overcome their sons physical and behavioral difficulties. The book describes the approaches the family utilized, outlining their experience with each. It explains practical actions any family can undertake to improve their childrens mental health. Along the way Helen discovered that our food...

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- Authored by Helen Black
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