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Making Divorce Easier on Your Child: 50 Effective Ways to Help Children Adjust

By Nicholas Long, Rex L. Forehand

Contemporary Books Inc. Paperback. Book Condition: new. BRAND NEW, Making Divorce Easier on Your Child: 50 Effective Ways to Help Children Adjust, Nicholas Long, Rex L. Forehand, This title shows how best to help your child through your divorce. "Making Divorce Easier on Your Child" is filled with practical, sensitive, and highly effective ways to help children cope and adjust both during and after this major change in their lives. Most important, this information will enable you, as a parent, to minimize the negative effects of divorce on your children. Written by the highly respected psychologists and bestselling authors of "Parenting the Strong-Willed Child", this invaluable book draws on the latest research findings and opinions of leading experts in the field, as well as the authors' own clinical experiences and research, to guide you from the first step of planning for divorce to telling your children of your decision to handling visitation and financial issues to moving toward the future - and looking after your own well-being in the process. Here you will find a range of easy-to-follow techniques and priceless wisdom including: fifty proven strategies for helping your children become well-adjusted despite your divorce; the most up-to-date scientific findings made...



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